

**Men's Indoor Records**

Event	Performance	Athlete	Year
55m	6.38	Hafiz Greigre	2006
60m	6.81	Hafiz Greigre	2007
200m	21.33	Hafiz Greigre	2007
400m	48.23	Hafiz Greigre	2007
500m	1:05.19	Alexander Engel	2009
800m	1:55.72	John Mitton	2009
1000m	2:31.20	Jason Eddy	2002
1Mile	4:16.83	Drew Clarke	2009
3000m	8:36.05	Jason Eddy	2002
5000m	15:06.79	Tom Casey	2009
55m High Hurdles	7.85	Jason Gomez	2002
High Jump	6' 4"	Mike Morgan	2006
Long Jump	22' 9.25"	Hafiz Greigre	2007
Triple Jump	46' 0"	Jeff Backstrom	2000
Pole Vault	13' 9"	Rob Schneider	2007
Shot Put	46' 1.5"	Paul Brisson	1999
35lb Weight Throw	50' 2.5"	Steve Odorczuk	2003
4x200m Relay	1:30.31	Backstrom-Rafferty-Smith-Davis	2000
4x400m Relay	3:18.49	Engel-Markinac-Brennan-Greigre	2007
4x800m Relay	7:56.12	Jacques-Getts-Green-Carrai	2007
Distance Medley Relay	10:26.80	Barone-Chapman-Valence-Paul	2005
Heptathlon	3551	Matt Cutler	2005

**Women's Indoor Records**

Event	Performance	Athlete	Year
55m	7.46	Natasha Stevenson	2007
60m	8.03	Natasha Stevenson	2006
200m	25.53	Natasha Stevenson	2007
400m	58.90	Stephanie Montagano	2007
500m	1:19.09	Stephanie Montagano	2007
800m	2:23.59	Paula Klepadlo	2003
1000m	3:11.23	Nicole Radzik	2008
1Mile	5:06.4	Paula Klepadlo	2003
3000m	10:35.37	Nicole Radzik	2006
5000m	17:28.34	Paula Klepadlo	2003
55m High Hurdles	9.22	Stephanie Kirk	2008
High Jump	5' 2.25"	Sarah Giffard	2007
Long Jump	17' 1"	Natasha Stevenson	2006
Triple Jump	35' 6.25"	Kelly McClellan	2003
Pole Vault	8' 0"	Mary Sanker /Carey Fitzgerald	2005
Shot Put	41' 10.75"	Jessica Cegarra	2004
20lb Weight Throw	51' 11.25"	Melanie Butler	2003
4x200m Relay	1:49.06	Early-Kirk-Williams-Genatossio	2007
4x400m Relay	4:00.78	Montagano-Williams-Douvadjian-Stevenson	2007
4x800m Relay	10:38.22	Fenwick-Goodwin-Rosen-Radzik	2007
Distance Medley Relay	13:28.50	Lemay-Matta-Klepadlo-Belegrinos	2000
Pentathlon	NR NR		NR

### Men's Outdoor Records

Event	Performance	Athlete	Year
100m	10.63	Hafiz Greigre	2007
200m	21.02	Hafiz Greigre	2007
400m	46.37	Hafiz Greigre	2007
800m	1:49.74	John Wilbur	1986
1500m	3:57.44	Jason Eddy	2002
5000m	15:09.71	Caleb Paul	2006
<b>10000m</b>	<b>32:39.47</b>	<b>Tom Casey</b>	<b>2009</b>
<b>110m High Hurdles</b>	<b>15.66</b>	<b>Anthony Monteiro</b>	<b>2009</b>
400m Hurdles	54.88	Andrew Fitzgerald	2008
3000m Steeplechase	9:33.14	Phil Gross	1980
High Jump	6' 4.75"	Mark Ertel	1978
Long Jump	23' 00"	Hafiz Greigre	2006
Triple Jump	47' 0.25"	Dallas Lynch	2005
Pole Vault	13' 6"	Rob Schneider	2006
Shot Put	47' 9"	Blaise Ravalli	1972
Discus Throw	149' 3"	Mike Nessralla	2004
Javelin Throw	180' 11"	Nick Ward	2004
Hammer Throw	180' 11"	Bob Colantonio	1979
4x100m Relay	41.75	Perry-Engel-Brennan-Greigre	2007
<b>4x400m Relay</b>	<b>3:15.39</b>	<b>Engel-O'Connor-DiBella-Fitzgerald</b>	<b>2009</b>
4x800m Relay	8:15.84	Melfi-VanKleeck-Eddy-Rafferty	2002
Decathlon	5297	Matt Cutler	2004

### Women's Outdoor Records

Event	Performance	Athlete	Year
100m	12.36	Natasha Stevenson	2006
200m	25.05	Natasha Stevenson	2006
400m	57.52	Stephanie Montagano	2008
800m	2:14.94	Diane Tedford	1987
1500m	4:35.74	Diane Tedford	1987
3000m	10:11.00	Lyse-Anne Wante	1986
5000m	17:35.26	Nicole Radzik	2008
10000m	36:48.28	Nicole Radzik	2008
100m Hurdles	16.14	Angela Trombley	1992
400m Hurdles	1:03.4	Melissa Roberts	1994
3000m Steeplechase	11:18.16	Nicole Radzik	2008
High Jump	5' 1.75'	Kathy Smith	1980
Long Jump	16' 11.5"	Marcia Orr	1994
Triple Jump	36' 6"	Melly McClellan	2003
Pole Vault	8' 6"	Paula Klepadlo/Mary Sanker/Carey Fitzgerald	2000/2005/2006
Shot Put	42' 4.25"	Jessica Cegarra	2004
Discus Throw	133' 9"	Melanie Butler	2002
Javelin Throw	132' 5"	Rachel Martinich	2006
Hammer Throw	159' 4"	Melanie Butler	2003
4x100m Relay	50.58	Genatossio-Early-Douvadjian-Stevenson	2006
4x400m Relay	4:04.39	Genatossio-Early-Douvadjian-Stevenson	2006
4x800m Relay	10:40.10	Lemay-Belegrinos-Ceolinski-Ferrara	2000
Heptathlon	3549	Jessica Cegarra	2007